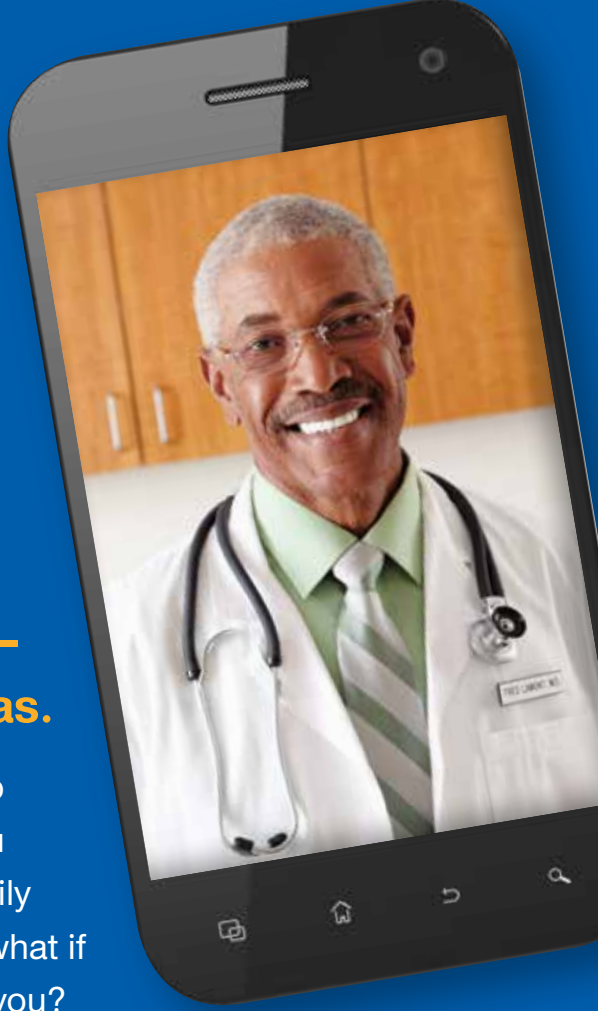


## See a doctor — in your pajamas.

Rather than going to the doctor when you or your covered family members are sick, what if the doctor came to you? A virtual visit lets you see and talk to a doctor from your phone, tablet or computer without an appointment.



MN017-E500, P.O. Box 1459, Minneapolis, MN 55440-1459

PRESORTED  
FIRST-CLASS MAIL  
U.S. POSTAGE  
PAID  
UNITEDHEALTH GROUP

**See and talk to a doctor  
anytime, anywhere.  
Virtual visits make it possible.**

Brought to you by UnitedHealthcare for JPMorgan Chase  
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## Virtual visits

Let the doctor come to you.  
See a doctor for less than \$5.  
No driving. No waiting rooms.





## You now have access to virtual visits, a new way to access health care.

### When to use virtual visits

- ▶ For non-emergency medical issues (especially as an alternative to the high cost of an emergency room or urgent care center)
- ▶ Your doctor or pediatrician is not available on your schedule
- ▶ You are traveling and need medical care
- ▶ You need a prescription
- ▶ When it's not convenient to leave your home or work
- ▶ Anytime, anywhere, including nights, weekends and even holidays

### Common conditions treated

A virtual visit is a good choice for non-emergency conditions such as:

- |                 |                  |                           |
|-----------------|------------------|---------------------------|
| ▶ Allergies     | ▶ Fever          | ▶ Sore throat             |
| ▶ Bronchitis    | ▶ Pink eye       | ▶ Stomachache             |
| ▶ Cough/cold    | ▶ Rash           | ▶ Urinary tract infection |
| ▶ Diarrhea      | ▶ Seasonal flu   |                           |
| ▶ Ear infection | ▶ Sinus problems |                           |

SAVE TIME AND MONEY

Virtual visits  
**< \$5**

Convenience care clinics  
**\$6**

Urgent care centers  
**\$190\***

Emergency rooms  
**\$1,700\***

### Quick, quality care

Virtual visits are covered as a primary care physician (PCP) visit as part of your medical plan for less than \$5.<sup>1</sup> Register now so virtual visits are ready when you are!

Most virtual visits take 10 to 15 minutes. A doctor can write a prescription,<sup>2</sup> if needed, that you can pick up at your local pharmacy. All network doctors are aligned with the American Medical Association and Federation of State Medical Boards guidelines.

### Ready when you are

#### Learn

Log in to [myuhc.com](https://myuhc.com)<sup>®</sup> through **My Health**. Access virtual visits one of two ways:

- ▶ *Physicians and Facilities* in the top navigation
- ▶ *Virtual Visits* button

#### Choose

Click on *Choose a Provider* and select one of UnitedHealthcare's virtual visit provider groups: Amwell or Doctor on Demand.

#### Get care

- ▶ Register with your virtual provider group (may depend upon your location and the real-time availability of the virtual doctor)
- ▶ Enter a virtual waiting room
- ▶ Talk to a doctor<sup>3</sup>

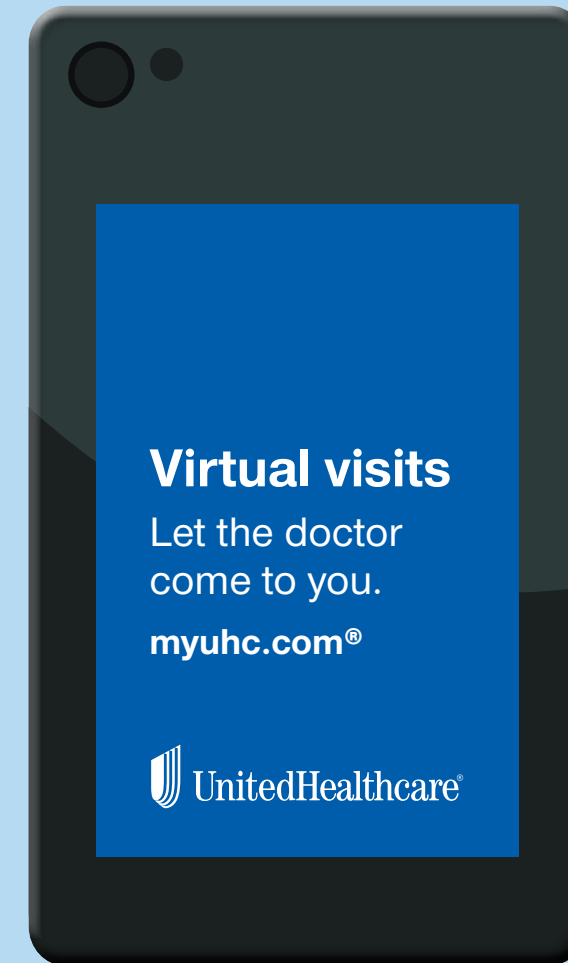
Download the *Amwell* or *Doctor on Demand* apps from [Google Play](https://play.google.com/store/apps/details?id=com.amwell)<sup>™</sup> or the [Apple](https://apps.apple.com/us/app/doctor-on-demand/id1444444444)<sup>®</sup> [App Store](https://apps.apple.com/us/app/amwell/id1444444444)<sup>®</sup> and access care that way anytime.



**Remember:** Your medical reimbursement account (MRA) funds can help offset out-of-pocket medical and prescription drug expenses, including virtual visit costs.

## Keep virtual visits handy

Place this ID card holder on the back of your mobile device to hold your UnitedHealthcare member ID card, driver's license or credit cards — and to help you remember virtual visits — your new, cost-effective way to see a doctor.



\* Before deductible

<sup>1</sup> Virtual visits are based on a \$39 or \$40 charge for primary care visits. Virtual visits and convenience care clinics are covered at 90% before you meet your deductible. Urgent care and emergency room costs are covered at 80% after deductible. These are national averages and not based on a specific condition or treatment.

<sup>2</sup> Prescription services may not be available in all states. You are responsible for selecting an in-network pharmacy.

<sup>3</sup> While virtual visits are available for psychology, nutrition counseling, maternity and other non-primary care services, they are not covered by your JPMC medical plan; you are responsible for the full cost of these services.

Questions? Call UnitedHealthcare at 1-800-272-8970.