

Preventive Care Medications

Advantage Prescription Drug List (PDL)^{1,2,3} \$0 Cost-share Medications & Products

U.S. Preventive Services Task Force A & B Recommendation Medications and Supplements

These medications and supplements will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Age and/or gender appropriate
- ▶ Filled at a network pharmacy

Most medications are available over-the-counter (OTC) except for prescription fluoride. All brands are covered by the pharmacy benefit.

OTC	Medication/Supplement	Gender	Age	Reason
	Aspirin - 81, 162 & 325 mg	Both	Men age 45-79 Women age 55-79	Prevent cardiovascular disease
	Folic acid 400 & 800 mcg	Women	Childbearing age	Prevent birth defects
	Iron liquid supplement	Both	Children age 0-1 year	Prevent anemia due to iron deficiency
	Vitamin D - 400 & 1,000 units	Both	Age 65 and over	Fall risk prevention
Rx	Medication/Supplement	Gender	Age	Reason
	Fluoride tablets, solution (not toothpaste, rinses)	Both	Children age 0-6 years	Prevent dental cavities if water source is deficient in fluoride

Over-the-Counter (OTC) Contraceptives for Women

These contraceptives are available over-the-counter (OTC) and will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Filled at a network pharmacy

Male contraceptives are not covered under the Patient Protection and Affordable Care Act (PPACA).

Contraceptive films
Contraceptive foams
Contraceptive gels
Emergency contraceptives (generic for Plan B, generic for Plan B One-Step)
Female condoms

Prescription Hormonal Contraceptives

Brand Hormonal Contraceptives
Micronor
Natazia
Ortho-Cyclen
Ortho-Novum 7/7/7
Ortho Tri-Cyclen
Yasmin
Generic Hormonal Contraceptives
Altavera, Chateal, Kurvelo, Levonorgestrel/Ethinyl Estradiol, Levora-28, Marlissa, Portia (generic Nordette)
Alyacen, Cyclofem, Dasetta, Necon 1/35, Nortrel 1/35, Pirmella (generic Ortho-Novum 1/35)
Apri, Emoquette, Enskyce, Desogestrel/Ethinyl Estradiol, Reclipsen (generic Desogen, Ortho-Cept)
Aranelle, Leena (generic Tri-Norinyl)
Aubra, Aviane, Falmina, Lessina, Levonorgestrel/Ethinyl Estradiol, Lutera, Orsythia, Sronyx (generic Alesse)
Caziant, Cesia, Velivet (generic Cyclessa)
Cryselle, Elinest, Low-Ogestrel, Norgestrel/Ethinyl Estradiol (generic Lo/Ovral)
Enpresse, Levonest, Myzitra, Trivora-28 (generic Triphasil)
Gildess FE, Junel FE, Larin FE, Microgestin FE (generic Loestrin FE)
Kelnor 1/35, Zovia-1/35E (generic Demulen 1/35)
Medroxyprogesterone Acetate (generic Depo-Provera)
Necon 0.5/35, Nortrel 0.5/35, Wera (generic Brevicon, Modicon)
Necon 1/50 (generic Norinyl 1/50)
Necon 10/11 (generic Ortho-Novum 10/11)
Zovia-1/50E (generic Demulen 1/50)

Prescription Emergency Contraceptives

Brand Emergency Contraceptives
ella
Plan B One-Step
Generic Emergency Contraceptives
Levonorgestrel, Next Choice (generic Plan B)
My Way, Next Choice One Dose (generic Plan B One-Step)

Prescription Diaphragms

Brand Diaphragms
Femcap
Ortho All-Flex
Ortho-Diaphragm

Breast Cancer Preventive Medications

For women who are at increased risk for breast cancer but have not had breast cancer, these preventive medications are available at \$0 cost-share after the ACA effective date of Sept. 24, 2014. To qualify, a woman must:

- ▶ Be age 35 or older
- ▶ At increased risk for the first occurrence of breast cancer – after risk assessment and counseling
- ▶ Obtain Prior Authorization

Most plans cover these medications at normal cost-share for the treatment of breast cancer, to prevent breast cancer recurrence and for other indications. They are available at \$0 cost-share to prevent the first occurrence of breast cancer if a Prior Authorization is obtained. If a woman qualifies, she can receive these drugs at \$0 cost-share for up to five years, minus any time she has been taking them for prevention.

raloxifene
tamoxifen

¹ Please note this list is subject to change.

² Always refer to your benefit plan materials to determine your coverage for medications and cost-share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

³ All branded medications are trademarks or registered trademarks of their respective owners.

Health Care Reform

Pharmacy Benefit Preventive Care Medications Coverage

Frequently Asked Questions

Under the health reform law, health plans must cover U.S. Preventive Services Task Force A & B Recommendation medications and FDA-approved prescription and Over-The-Counter (OTC) contraceptives for women at 100 percent without charging a copayment, coinsurance or deductible when:

- ▶ Prescribed by a health care professional
- ▶ Age-, gender- and condition-appropriate
- ▶ Filled at a network pharmacy

To comply with this new law which was clarified further by the U.S. Dept. of Labor on February 20, 2013, UnitedHealthcare offers this list of no-cost Preventive Care Medications.

When are Preventive Care Medications available?

This list of Preventive Care Medications is available to you for \$0 cost-share at network pharmacies now except for breast cancer preventive medications which will become available September 24, 2014.⁴

Please note, in order to obtain coverage for **U.S. Preventive Services Task Force A & B Recommendation medications** and **OTC contraceptives**, you must have a prescription from a health care professional and the product(s) must be age-, gender-, and condition-appropriate.

Which Preventive Care Medications are available at no cost?

A list of Preventive Care Medications can be found on pages 1 and 2 of this document so you can discuss them with your doctor. You can also log in to **myuhc.com** or call the number on your health plan ID card to confirm the most current list of Preventive Care Medications for your plan.

Are all birth control products available at no cost to me?

No, only the products on the list applicable to your plan will be no cost under the pharmacy benefit.⁵ The health reform law allows plans to use reasonable medical management to decide which contraceptive products are provided at no cost-share.

If you choose a no-cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered birth control product that is not on the list, a copay or co-insurance may be required. And this cost will apply to your deductible if you have one.

If I'm at risk for breast cancer, how can I get preventive drugs for \$0 cost-share?

If you are a woman age 35 or older, talk to your doctor about your risk of getting breast cancer if you have not had it.

If your doctor decides these drugs are appropriate for you, your doctor may offer to prescribe risk-reducing medications, such as raloxifene or tamoxifen.

You doctor can submit a Prior Authorization request to get these approved for you at \$0 cost-share if you meet coverage criteria.⁶

⁴ The cost for U.S. Preventive Services Task Force A & B Recommendation medications and OTC contraceptives on this list could be reimbursed back to Feb. 20, 2013 when the U.S. Dept. of Labor FAQ guidance was issued. However, they became available at network retail pharmacies at \$0 cost-share on November 1, 2013.

⁵ When informed, an issuer must accommodate any member when one of the zero cost contraceptives listed on PDL Tier 1 may be medically inappropriate as determined by the member's health care provider and waive the otherwise applicable cost-sharing for a contraceptive not represented on PDL Tier 1.

⁶ If your pharmacy benefit plan is grandfathered under the ACA, these drugs may be covered at the normal cost-share.

Will this drug list change?

Drug lists can and do change, so it's always good to check. You can learn the cost of all products and view no-cost options by:

- ▶ Logging in to **myuhc.com**, and going to **Pharmacy Information**
- ▶ Calling the number on the back of your health plan ID card.

What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered birth control products not on your plan's no-cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.

Are the no-cost Preventive Care Medications available at both retail and mail pharmacies?

Preventive Care Medications are available at both network retail pharmacies and the mail order pharmacy for plans with a mail order benefit.

What if the health care reform law requirements for Preventive Care Medication coverage change?

If the law requiring plans to provide Preventive Care Medications at no cost changes, information on how your costs may be impacted will be available to you by:

- ▶ Logging in to **myuhc.com**, and going to the **Pharmacy Information**
- ▶ Calling the number on the back of your health plan ID card

What if my plan has a religious exemption for covering contraceptives?

Some plans may not have coverage for contraceptives if your employer qualifies for a religious exemption. However, you will still have coverage without cost-share of the U.S. Preventive Services Task Force A & B Recommendation medications listed on the Preventive Care Medications list (such as aspirin and vitamin D).



Still have questions?

Log in to **myuhc.com** and go to Pharmacy Information or call the number on the back of your health plan ID card.

