Preventive Care Services

What are preventive care services? Services for the purpose of promoting good health and early detection of disease.

Preventive care services are not subject to cost-sharing (co-pays, deductibles and co-insurance) when performed by a network doctor and follow the comprehensive guidelines:

- If supported by Health Resources and Services Administration (HRSA)
- If the items or services have an “A” or “B” rating from the United States Preventive Services Task Force (USPSTF)
- If immunizations are recommended by the Advisory Committee on Immunization Practices (ACIP)

Some examples include:

Well Baby/Child
- Developmental assessment
- Hearing screenings
- Immunizations and boosters
- Laboratory tests
- Routine physical exam
- Vision screenings

Adult Immunizations
- Immunizations as recommended by ACIP.

Family Planning & Reproductive Services
- FDA-approved contraceptive methods. For example certain:
  - IUDs
  - Diaphragms
  - Cervical caps
  - Injections*
- Counseling
- Sterilization procedures for women.

*For outpatient prescription contraceptives, refer to your outpatient Prescription Drug benefit coverage or refer to www.myuhc.com for a listing of preventive care medications.
Well Adult
- Annual physical exam
- Blood pressure screening
- Colorectal cancer screening
- You may be eligible for additional screenings based on health care reform requirements.

Well Women
- Annual pap smear
- Breast examination
- Laboratory and diagnostic services in connection with evaluating the pap smear
- Mammograms for the screening of breast cancer
- Routine gynecological examination

Prenatal Care
- Visits to obtain the recommended preventive services, including preconception counseling and prenatal care. The new coverage for well-woman visits under the health care reform law requires multiple preventive visits in the same year for a woman to receive all recommended services, including routine prenatal care.
- Prenatal services covered with no cost-sharing include routine prenatal obstetrical office visits, all lab services explicitly identified in the health reform law, tobacco cessation counseling specific to pregnant women, and immunizations recommended by the Advisory Committee on Immunization Practices. Prenatal services not covered under the women’s preventive coverage include, but are not limited to, radiology (i.e. obstetrical ultrasounds), delivery and high-risk prenatal services.

The health care reform law provides for coverage of certain preventive services, based on your age, gender and other health factors, with no cost-sharing. The preventive care services covered under this section are those preventive services specified in the health care reform law.

For specific code details, the Coverage Determination Guidelines for Preventive Care Services can be accessed by clicking on this link.

https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/
Breast Pumps

Preventive Care Benefits defined under the Health Resources and Services Administration (HRSA) requirement include the cost of purchasing one breast pump per Pregnancy in conjunction with childbirth is covered under Preventive Care Services at 100% of Eligible Expenses (without application of any Copayment, Coinsurance or Deductible). Any exclusion under the Personal Care, Comfort or Convenience section is revised to not apply to breast pumps provided under the conditions stated above.

If more than one breast pump can meet your needs, Benefits are available only for the most cost effective pump. We will determine the following:

- Which pump is the most cost effective.
- Whether the pump should be purchased or rented.
- Duration of the rental.
- Timing of an acquisition.

Benefits for the cost of renting one breast pump will no longer be covered.

Members can contact any UHC network physician or durable medical equipment (DME) supplier. UHC National Ancillary DM breast pump suppliers will ship the breast pump directly to the member.

Breast Pumps for Purchase:

1) Byram Healthcare  
   1-877-902-9726  
   Fax: (866) 811-4500  
   Website: www.byramhealthcare.com

2) Edgepark  
   1-800-321-0591  
   Fax: 330-425-4355  
   Website: www.edgepark.com

3) Genadyne  
   1-888-809-9750  
   Website: www.lucinacare.com

4) Target Stores – IN STORE PURCHASES ONLY. NO SHOPPING ONLINE

Last Update Date:
8/17/18 - dhh - Added http text to copy in browser if Preventive Care Link not working properly after Pdf file uploads.
8/21/18 - dhh - Incorporated IBAAG Health Literacy language into this link. Added Prenatal Care not found in IBAAG.
5/7/19 - dhh - Updated Preventive Care link.